

CHANTILLY GIRLS BASKETBALL

Program Tryout Guidelines

2017 - 2018

It is expected that all Chantilly High School students desiring to represent Chantilly HS as a member of the Girls Basketball Program adhere to the following guidelines and requirements.

Tryout Period –

- 3 full tryout periods; more than 1 practice can occur in a day. (ex. Morning and Afternoon)
- Times and locations of tryouts will be announced and posted on the website (www.chantillysports.org)
- Coaches will adhere to all safety guidelines concerning play.
- Coaches will be conscious of other commitments and family obligations when additional time to complete tryout periods are required due to inclement weather.
- Candidates unavailable for any 1 or more tryout periods must notify coaches in advance and provide an acceptable excuse to the coach for review and approval. Approval will be done on a case by case basis. Absences from tryouts may reduce opportunities to as few as 1 tryout period and/or not being selected for the team.
- Make-up opportunities for missed tryouts will be provided at the Varsity Head Coach's discretion.

Tryout Procedure

- Tryouts and evaluation of candidates can include, but not limited to, a
 - Dribbling Skills
 - Shooting Skills
 - Passing Skills
 - Knowledge of the game
 - Strength
 - Conditioning
 - Coachability
 - Athletic Ability
 - Attitude
 - Effort
- Candidates will report to the designated location 30 minutes prior to the announced starting time so warm-ups are completed and all candidates are prepared to start at the announced time.
- A conditioning evaluation will be completed by all candidates. Results from the Fall Workout period may be accepted by the coaches as completion of the evaluation. It will be at the coach's discretion as to when a player has satisfied the results of the evaluation. Players will be required to complete the evaluation twice. Conditioning evaluation will not be a stand-alone reason for acceptance or denial for the team.
- Players unable to complete the conditioning evaluation may be held out of tryouts until such time they are able to participate in all manner of the tryout process
- Candidates requiring time with the athletic trainer in preparation for tryouts should plan in advance and be prepared to start at the designated start time. Late arrival due to the athletic training room is not a valid excuse.
- Candidates should plan to remain at the tryout period until its conclusion and the coaching staff dismisses all players. This may require candidates to remain well after the announced end time.
- All candidates must turn in or have on record the following COMPLETED paperwork. Absence of any or all paperwork will disqualify the candidate from trying out for that period and all subsequent periods until all paperwork requirements are met.
 - VHSL Physical Form
 - Concussion Education - Parent
 - Concussion Education – Player
 - Emergency Care Card and Extra Curricular Participation Policy

- Proper attire is required for tryouts. It is required that candidates wear athletic shorts (preferably black), T-shirt (preferably white or gray) and proper footwear for basketball. All jewelry (earrings, necklaces, etc) must be removed during all tryout periods and practices.
- T-shirts are requested to have the candidate's last name written on the back for easy identification for the coaches. Pinnies will be provided for all drills and 5 on 5 scrimmages. All are encouraged to wear clothing that represents Chantilly High School spirit. Players should not wear previous season's practice gear. Deviation from Proper Attire could result in disqualification for the tryout activity and subsequent activities until the error is resolved. Make-up sessions will not be provided for candidates violating proper attire.
- Upon completion of each tryout period, coaches will review with all candidates collectively their status. Individual meetings with the coaches will be at the coach's discretion and will be on a case by case basis.
- After completion of each tryout period, candidates must remain at the facility until dismissal from the coaching staff.
- At the conclusion of the 3rd tryout period coaches will begin to meet the candidates individually to review their current status as to qualifying for the team.
- Candidates may be invited to continue with additional tryout periods on a case by case basis.

Tryout Expectations

- It is expected that all candidates compete and play hard to demonstrate their talents, knowledge and desire to play for the team. It is expected that they are punctual, responsible, courteous, and represent Chantilly High School, the team, their teammates and their coaches with class and dignity. Expression of emotion in a manner that draws unnecessary attention to oneself is prohibited. It is expected that all candidates put forth their best effort in completing all aspects of the tryout sessions with energy and enthusiasm and with the intent to compete at the highest level of their ability.
- The Chantilly High School Girls Basketball Program will consist of all 3 teams; Freshman, Junior Varsity and Varsity. Members of each team are not limited by grade level, with the exception of the Freshman team. Junior Varsity and Varsity teams may and will consist of players whose talents best represent the talent level of those teams regardless of grade level. The coaching staff will have the final say to the number of players for this year's teams and which girls will compete with which team.
- Candidates must understand the time commitment and team dynamic necessary for a successful basketball season. Those candidates unable to commit fully to the program, to include, but not limited to, managing their time regarding academics, family vacations, social and other school commitments and outside school activities should reflect seriously on their decision to join a program that relies heavily on togetherness, trust, being present and all-in attitude.
- It is expected that the Chantilly Girl's Basketball Coaches will coach as gentlemen and ladies both on and off the court. It is expected that they will communicate clearly and succinctly the instructions for each of the tryout activities and will answer all questions at an appropriate time and within reason to assist the candidates to a complete understanding. The Chantilly Girl's Basketball Coaches will evaluate fairly the skills, abilities and knowledge of all candidates based upon the information required and requested by them and displayed by the player during the tryout period. The decision of the coaches is final. Coaches will be available to all candidates at the completion of tryouts.
- As the decisions of coaches are final, those players in need of further understanding should arrange for a time to meet with the coach after the tryout period, but in a reasonable time period. Requests can be made by email or in person to the head coach and must include the Varsity Head Coach. Every attempt will be made to meet in a reasonable time period. If this meeting is not satisfactory in its explanation to the player, 1 additional meeting may be requested to include the parents AND the player along with the coaches.